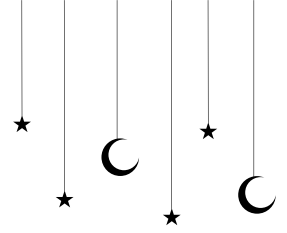
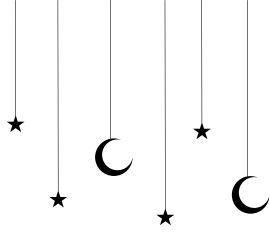


RAMADAN WEEKLY PLANNER



MON

TUE

WED

THU

FRI

SAT

SUN

6:00							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00							

Ramadan

MEAL PLANNER



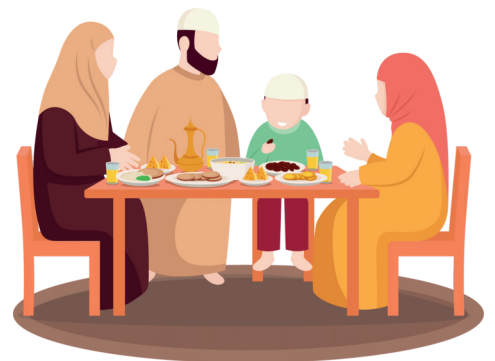
Date :

SUHOOR

<input type="checkbox"/>
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RAMADAN DAILY PLAN

DATE : _____

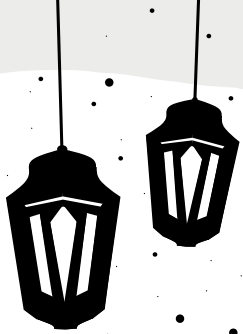
TIME	ACTIVITY
06:00	
07:00	
08:00	
09:00	
10:00	
11:00	
12:00	
13:00	
14:00	
15:00	
16:00	
17:00	
18:00	
19:00	
20:00	

3 MAIN TASKS

TO DO LIST

-
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-
-
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REMARK



RAMADAN WEEKLY MEAL PLANNER



MONDAY



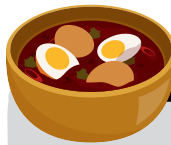
TUESDAY



WEDNESDAY



THURSDAY



FRIDAY



SATURDAY



SUNDAY

WEEKLY NOTES

-
-
-



Ramadan Schedule

DATE: _____

S M T W T F S

SCHEDULE

TO DO

05:00 _____

● _____

06:00 _____

● _____

07:00 _____

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08:00 _____

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09:00 _____

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10:00 _____

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11:00 _____

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